32nd Annual YWCA Alaska

Women of ACHIEVEMENT & YOUTH AWARDS

November 1-5, 2021

A Virtual Week of Women of Achievement

Facebook Live Event at 6:00 pm
Thank you for joining us to acknowledge these remarkable women and youth in our state. To learn more about YWCA Alaska or to get involved please visit ywcaak.org or call us at 907-644-9600.
THANK YOU ALASKA!
IT'S AN HONOR TO SERVE YOU.

- YWCA Alaska Staff

Photo by David Camacho
YWCA STAFF, BOARD, & COMMITTEES

Staff

**Theresa Lyons**
CEO

**Jenella Morales**
Wellness Program Outreach Specialist

**Cindy Vegetabile**
Development Associate

**Dalecia Young**
Economic Empowerment Program Specialist

**Laura McDowell**
Executive Assistant

**Yessenia Camacho**
Executive Assistant & Social Justice Coordinator

**Ian Murakami**
Jesuit Volunteer Corps Northwes/Americorps, Social Justice Coordinator

**Stephanie Holthaus**
President

**Lauren Rocco**
President-Elect

**Ashley Johnson**
Secretary

**Chrissy Colucci**
Treasurer

Board of Directors

**Stephanie Holthaus**
President

**Megan Ledger**

**Jessie Lavoie**

**Kelsey Rising**

**Jennifer Tungul**

**Lauren Rocco**
President-Elect

**Ashley Johnson**
Secretary

Women of Achievement Committee

**Stephanie Holthaus**

**Jennifer Tungul**

**Chrissy Colucci**

**Theresa Lyons**

**Ashley Johnson**

**Cindy Vegetabile**

**Kelsey Rising**

**Laura McDowell**

**Jessie Lavoie**

**Yessenia Camacho**
YWCA ALASKA MEMBERS

Lynette Ampadu
Angela Astle
Leslie Baker
Marilyn Barnett
Barbara Baugh
Thea Bemben
LaVonne Berger
Cynthia Berger
Pamela Bergmann
Laura Bowman
Becky Bunde
Rachel Bunnell
Diana Burch
Sheri Buretta
Elizabeth Burke
Jennifer Burn
Kimberly Butler
Mollie Bynum
Patrick Campaign
Teresa Carns
Laura Carpenter
Suzanne Cherot
Sam Cherot
Faith Chichenoff-Muller
Susan Churchill
Arnie & Celeste Cohen
Chrissy Colucci
Carol Comeau
Angela S Cox
Anne Diller
Beth Dittrich
Mary Dooher
Francesca DuBrock
Roger DuBrock
Bianca Durrant
Barbara Eckrich
Leslie Ellis
Diana Evans
Dana Fabe
Jackie Felton
Jeanne Fischer
Heather Flynn
Allison Fong
Charlotte Fox
Janel Gagnon
Alberta Gardner
Olivia Garrett
M Elise Glover
Kathleen Grace
Tina Grovier
Lindsey Hajduk
Susan Halvor
Lesley Hammer
Marcia Hastings
Jana Hayenga
Mary E Henderson
Abbe Hensley
Darrel Hess
Denise Hill
Robin Hill
Claire Holland LeClair
Amanda Holmes
Stephanie Holthaus
Morris Horning
Dixie Hudish
Tanya Iden
Patricia Jarrett
Ada Johnson
Michelle Johnson
Ashley Johnson
Tina Johnson-Harris
Diane Kaplan
Marilyn Kerr
Sheri Heritage &
Kimberly Pace
Mary Knopf
Krystal Kompkoff
Yvonne Lamoureux
Brennon Land
Sandra Langland
Jessie Lavoie
Megan Ledger
Melanie Leydon
Cynthia Libby
Steve & Patty
Lindbeck
Natalie Lowman
Theresa Lyons
Blythe Marston
Sheila Martin
Marie Matsuno-Nash
David McCabe
Kari Mccrea
YWCA ALASKA MEMBERS

Jane Meacham          Sherrie Simmonds
Beverly Metcalfe      Alexander Slivka
Jo Michalski          Cynthia Steele
Margaret Mielke       Catherine Straub
Julie Millington      Aimee Sudbeck
Sophie Minich         Carol Swartz
Lisa Murkowski        Barbara Symmes
Terry Nelson          Laurel Tatsuda
Ruth Nighswander      Peter Taylor-Host
Barbara Norrell       Charlotte Tharp
Bradley Owens         Yaso Thiru
Connie Ozer           Bede Trantina
Reeda Palmer          Jennifer Tungul
Patricia Partnow      Julie Varee
Solveig Pedersen      Cindy Vegetabile
Shirley Pittz         Renée Wardlaw
Margaret & Michael    Sarah Welton
Price                 Erin Willahan
Caroline Proulx       Anna Witt
Veronica Reem         Karen Zeman
Sharon Richards       
Leslie Ridle          
Lisa Rieger           
Kelsey Rising         
Lauren Rocco          
Beth Rose             
Frances and David     
Rose                  
Madelyn               
Schlansker            
Grant Shearer
Welcome everyone to the first night of our Women of Achievement Awards Event. My name is Stephanie Holthaus, and I am honored to serve as the Board Chair for the YWCA of Alaska. We are so happy that you are joining us for this exciting event.

Although we have all faced much adversity over the past few years, I have great hope for the future. In part because of the work that these Women of Achievement are doing, and in part because I know each of you are in the world making a difference. Thank you for all you do.

As the YWCA of Alaska continues to advance our mission of eliminating racism and empowering women, this event continues to offer support to the organization and stands as a platform for us to elevate the voices of amazing women in our community. We are thrilled to have you with us!

Greetings and thank you for joining us to celebrate the brilliance and service of this year’s cohort of women and youth achievers!

It is always an honor to highlight the awesome leadership of women in Alaska. It is especially so this year, as we are in year two of a global pandemic, women have been disproportionately displaced in the workforce, and women’s rights are grotesquely under attack. Leadership really does matter. Alaska is better because these women and youth continued to serve their communities during extreme and unprecedented times. Their resilience and fortitude toward ensuring the wellbeing of others is an example of hope for us as individuals and as Alaskans. Together we can promote peace, justice, freedom, and dignity for all.

The stories of these leaders are inspirational. Their combined journeys are the theme of this event, Optimism, Resilience, Vision, Hope, and Opportunity. Congratulations to the 2021 women and youth awardees!

**Our Focus:** Programming that develops individual resiliency and long term, sustainable solutions; that positively impact communities across the state.

**Our Vision:** Be a preeminent organization for investing in women’s wellness, leadership, economic empowerment, and social justice.

**Wellness**
Empowering women with tools and education to make informed decisions about their health and well-being.

**Leadership**
Empowering women and girls to become leaders, through recognition of significant accomplishments and mentorship opportunities.

**Economic Empowerment**
Leading individuals to financial freedom and stability through interactive workshops and one-on-one counseling.

**Social Justice**
Building racism-free spaces through community dialogues, assessment-driven group development, and advocacy.
2021 WOMEN OF ACHIEVEMENT

Ivy Spohnholz
Alaska State Representative
Keynote Speaker

Representative Ivy Spohnholz serves District 16 in the Alaska State House, representing the east Anchorage. A third generation Alaskan, born in a dry log cabin in the Wrangell Mountains, Spohnholz was raised in Anchorage where she attended Rabbit Creek Elementary, Hanshew Middle School and Steller Secondary. Spohnholz chairs the House Ways and Means Committee and co-chairs the House Labor and Commerce Committee in addition to serving on the House Health & Social Services, Joint Armed Services, Transportation, and Legislative Budget & Audit committees. Prior to serving in the legislature, Spohnholz spent two decades serving Alaska and Alaskans as a nonprofit professional at Abused Women’s Aid in Crisis (AWAIC), University of Alaska Anchorage and The Salvation Army Alaska. She has served on the boards of the Alaska Children’s Trust, Foraker Group, YWCA Alaska, and the Alaska Women’s Lobby. She and her husband Troy have three adult daughters, Iris, Kim and Maya, and live in East Anchorage with Kim and their dog Spyke. One of her proudest achievements, in addition to raising three strong, confident daughters, was being named a YWCA Alaska Women of Achievement in 2016.

Maria Downey
Executive Producer, KTUU
Honorary Chair

Maria has been in broadcast news, in Alaska, since 1981. For the past 36 years she has been at Ch. 2 News, now known as Alaska’s News Source, holding multiple positions including reporter, producer, along with management roles such as Chief Anchor. Maria has been recognized for her work through state, regional and national organizations including, NATAS, Murrow Awards, SPJ and statewide organizations such as Alaska’s Hall of Fame, Athena and YWCA Women of Achievement. As a graduate of the University of Florida School of Journalism, and participant in its internship program, Maria realizes the benefit of "paying it forward" to the next generation. So she has served as the station's Internship Coordinator for more than two decades. Maria is the mother of two adult children, Erin and Michael. She considers them her greatest accomplishments in life.
Mary Jo Torgeson
Retired Anchorage Public Library Director
Arliss Sturgulewski Award Recipient:

Mary Jo Torgeson’s career as a public librarian has crafted her lifetime belief in the importance of building strong equitable communities. Starting her career in Wyoming, she moved from Washington state to Alaska nine years ago to begin her tenure as the Anchorage Public Library Director. Ms. Torgeson’s passion is the belief that libraries are an essential part of a vibrant and cohesive community, both in the development of creating strong partners with business, schools and community agencies as well as in the creation of services that transforms people’s lives. Social equity and justice have always been the guiding lenses to bring people together and develop services for the entire community. Recently retired, she plans to remain in Alaska for the foreseeable future.

“If your actions create a legacy that inspires others to dream more, learn more, do more and become more, then, you are an excellent leader.”

- Dolly Parton
Emily Edenshaw  
**Executive Director, Alaska Native Heritage Center**

Association (ATIA) Arts, Cultural and Heritage Statewide Chapter Board, elected to the ATIA Board of Directors, elected to the Alaska Humanities Forum Board of Directors, and appointed to the Anchorage Public Safety Commission. In 2021, Emily was appointed as a board member to the following boards: the National Coalition to End Urban Indigenous Homelessness, Anchorage Coalition to End Homelessness, and Native Americans in Philanthropy. She was also appointed as the ATIA Secretary and Membership Chair. Outside of work and public service, Emily is a fourth-year Ph.D. Indigenous Studies student at the University of Alaska Fairbanks, researching Alaska Native Boarding School experiences and healing strategies related to these experiences. Keneggnarkayaaggaq also holds an Executive Master of Business Administration (EMBA) degree in Strategic Leadership from Alaska Pacific University and a Bachelor's degree in Journalism and Public Communications from the University of Alaska Anchorage. Since graduating with her EMBA, Emily has worked for both public and private sectors the Central Council Tlingit & Haida Indian Tribes of Alaska, First Alaskans Institute, VICE Media, The National Native American Boarding School Healing Coalition, and Southcentral Foundation. Her Yup’ik name Keneggnarkayaaggaq means a person with a beautiful persona, spirit, aura, and friend. Emily and her husband Devin have four sons and one daughter.

Monica Shah  
**Deputy Director of Conservation & Collections, Anchorage Museum**

Monica Shah (she/her) is the Deputy Director of Collections and Conservation at the Anchorage Museum. She is originally from Anchorage, but considers both Alaska and India home. Her formal training is in archaeology and art conservation, obtaining a B.A. from Bryn Mawr College and M.S. from Winterthur-University of Delaware. Before joining the museum, she operated a private conservation practice, serving a variety of museums, culture centers, and native corporations around the state. She has worked at the Smithsonian Museum Conservation Institute, National Museum of the American Indian, Univ. of Pennsylvania Museum, Museum of Archaeology in Trondheim, Norway, and the National Park Service-Alaska. She is a past board member of the statewide museums organization, serves as a board member of the Alaska Community Foundation, and is passionate about heritage access, preservation, decolonizing museum practice. She lives in Anchorage with her husband, daughter, and cat.
Vonnie Gaither  
**Independent Artist**

Vonnie is a contemporary artist originally from Baltimore, Maryland. Vonnie moved to Alaska in 1970 and attended Anchorage Community College and the University of Alaska, Anchorage majoring in art. Her reason for coming to Alaska was to visit her military father stationed at Elmendorf Air Force Base, now known as JBER. February 1990, she began displaying her paintings professionally statewide in Alaska. Vonnie’s has also exhibited in Philadelphia, St. Thomas, Virgin Islands, Portland, Oregon and Seattle, Washington. She was the first artist to exhibit at Nordstrom, Anchorage. Vonnie served as the juror for The Fairbanks Arts Association Patterns of Influence, Celebrating the Influence of Black Culture in American Art Exhibit. Before perusing her spontaneous, colorful art full time Vonnie worked as a graphic designer/layout artist, entrepreneur and in education as a Career Resource Advisor. It was not until her 2012 retirement from the Anchorage School District that she has been able to devote more time promoting her art. Her ultimate want is to share her art on a broader scale, nationally and internationally. In 2019 she co-founded The African American Artists of Alaska with the vision of helping other artists of color to promote their art and “Black Art.”

Melanie Osborne  
**Executive Vice President & General Counsel Chief Compliance Officer, Chugach Alaska**

Melanie is a lifelong Alaskan, raised in Valdez where she married her high school sweetheart Brad. She began volunteering at a young age helping her parents at events to raise funds for scholarships, and the passion to support her community never waned. After graduating from the University of Alaska Anchorage and University of Washington Law School, Melanie returned to Alaska with Brad and son Trevor. She chaired the UAA Alumni Association shortly thereafter. When daughter Samantha was born, there was hardly a Breast Cancer walk they missed, stroller and all. Melanie began providing legal services to Alaska Native and American Indian organizations over 20 years ago. Early in her career, she volunteered for youth court and as a high school mock trial competition judge and joined the Native Law Section of the Bar where she was on the founding committee of what later became the Elizabeth Peratrovich Legal Clinic. Throughout this time, Melanie showed her life-long commitment to empowering other women. She chaired the Breast Cancer Focus Alaska Board and the Anchorage Association of Women Lawyers, where she mentors today. Melanie also supports our community on the boards of Alaska Legal Services and The Nature Conservancy.
Michael Fredericks  
President of SALT

Michael is the President and majority owner of SALT. Born and raised in Anchorage, Michael is an Alaska Native of Yupik descent. Her late father, Glenn Fredericks, was born in the Kuskokwim region and her late mother Jan Fredericks came to Alaska in the early ‘60s, after being raised all over the world in a military family. Michael received her Bachelor of Architectural Studies from the University of Washington and her Masters of Architecture from the University of Illinois at Chicago. Michael has leveraged her architectural training into a specialization in complex stakeholder engagement around design projects. Over her 20 years of experience, Michael’s facilitation services have evolved to include business planning, community engagement, project planning, complex problem solving, organizational planning, action planning, and focused conversations around challenging issues. A born listener, Michael strongly believes that the most successful initiatives harness collaborative thought and align the solution with the stakeholder – not the other way around. Providing a strong process for stakeholder engagement not only empowers the user but has proven to result in bottom-line savings as well. Michael is adept at helping groups define their unique version of success and provide them with a roadmap to achieve their goals. Away from the office, Michael lends her strategic thinking as a connector and community activator. Michael’s proudest accomplishment is the family she has created and the eclectic group that calls her mom.

Angelina Salvato  
Backgrounds & Recruiting Officer, Anchorage Police Department

APD Officer Angie (Fraize) Salvato is a lifelong Alaskan; she is a shareholder of Sealaska Corporation and tribe member of Ketchikan Indian Community. Angie is currently a full time Ph.D. student studying Clinical Psychology; she hopes to be a Police Psychologist someday. Angie has been in law enforcement for 20 years, serving the last 15 years at the Anchorage Police Department. Angie has a master’s degree from UAA in Early Childhood Special Education and a bachelor’s degree in Political Science from the University of Washington. Angie is currently assigned to APD’s Backgrounds and Recruiting Unit. Angie serves at the President of the Board for two non-profits, Anchorage Cops for Community and Family Outreach Center for Understanding Special Needs (FOCUS). Angie is the Communications Officer and Political Action Committee Chair for the Anchorage Police Department Employees Association. Although Angie’s interests and passions vary, her most proud accomplishments are her two daughters, Italia (16) and Gianna (12).
2021 WOMEN OF ACHIEVEMENT AWARDEES

Dr. Anne Zink
Alaska Chief Medical Officer, Department of Health & Social Services

Anne grew up in Colorado and moved through her training from College in Philadelphia to Medical School at Stanford and then Residency at University at Utah. As a mountaineering guide she had fallen in love with Alaska and after residency in Emergency Medicine became lucky enough to call Alaska home. Not only does she love people and the place, but also the medicine. Alaska is a small, isolated microcosm on the US health care where certain forces like the distance, lack of referral centers, and community involvement help create better systems of care that are directly related to bedside care. She quickly became involved in helping improve systems of care as the medical director of her group, then in her hospital and with state and federal legislation, including state legislation to improve care coordination, opioid addiction treatment option, integration between private systems and the VA, DOD, and IHS facilities and more. Dr. Zink had the honor of becoming the State of Alaska Chief Medical Officer in July 2019. In all the work she does, she strives to create work environments, policies, and practices that are data-driven, foster collaboration and build system efficiencies that put patients first.

Julie Riley
Professor of Horticulture, Emerita, University of Alaska Fairbanks

Julie Riley is retired from the University of Alaska Cooperative Extension Service. She worked with home gardeners, community gardeners, and Alaska’s horticulture industry for 36 years in Anchorage, and then Fairbanks. Teaching and managing Master Gardener volunteers taught her that gardening is a great equalizer bringing together people from all walks of life. In collaboration with Refugee Assistance and Immigration Services (RAIS), Ms. Riley taught food production and marketing for ten years with Master Gardener help. She is heartened that after her relocation to Fairbanks, Master Gardeners continue to act in a supportive role for refugee gardeners selling their vegetables and herbs at local farmers markets where they make a contribution to the community and gain confidence interacting with others. Julie has a special place in her heart for the Alaska Botanical Garden which, in addition to providing education on organic and sustainable gardening practices, provides a place of solace in a threatening world. Ms. Riley straddles living between Anchorage, Fairbanks and Southern California where her daughter resides. She thanks Sharon Schlicht and Cheryl Chapman for spearheading her nomination for the YWCA Women of Achievement award.
Jasmin Smith
Owner and Founder, BABYVEND

Jasmin Smith is a lifelong Alaskan who was raised in Eagle River. She attended Chugiak high school, Sheldon Jackson College, Georgia State University, University of Alaska Anchorage and finished at Wayland Baptist University. She is a proud mother of seven year old twins and a tireless advocate for her community in the area of economic development, equity in entrepreneurship and racial justice. She is the owner of Baby Vend LLC a company committed to changing the way families travel by creating custom Vending Machine with products you would find in a diaper bag or other travel bag for children ages five and younger, breastfeeding mothers and parents. The company is currently located in 10 states. She is also the founder of The Business Boutique, a development consulting firm that has helped over 800 Alaskan businesses start and grow and helped over 25,000 families and individuals and is the founder of Umoja Coworking and Incubator, A coworking space founded to empower marginalized communities through cultural empowerment in business. He is also the president of the Alaska black Chamber of commas, the third vice president and economic development chair of Anchorage NAACP, the past president of the Mountain View community council and current youth committee chair for the Mountain View Community Council. Her and her kids are proud members of Jack and Jill’s Anchorage Chapter. “Success is better when you can share it. There is more than enough room for all of us to eat so let’s build that table and make the menu and all have a seat together.”

Kim Reitmeier
Executive Director, ANCSA Regional Association

Kim Reitmeier is Sugpiaq, a shareholder of Koniag and Ouzinkie Native Corporation; and a member of the Sunaq tribe of Kodiak. She holds a Bachelor of Arts in Business Administration from the University of Alaska. Reitmeier is a recipient of the Alaska Journal of Commerce Top 40 Under 40 award; and in was inducted to the Anchorage ATHENA Society. She serves on the board of directors for the Alaska Community Foundation, Alaska Chamber, and Alaska Business Week. Reitmeier has served as the Executive Director of the ANCSA Regional Association since 2011. Prior to joining ARA, Reitmeier was Chief of Staff to the President at Alyeska Pipeline Service Company. She previously served as Director of Alaska Heritage Tours, where she oversaw the tour package operations for CIRI Alaska Tourism. Reitmeier is married to Cameron and together they have two children.
**Keyaana Anderson**  
**Bette Davis East High School**

Keyaana Anderson is a seventeen year old senior at Bettye Davis East Anchorage High School who was originally raised in Naknek, Alaska. By coming to Bettye Davis East Anchorage High School, a whole new world of opportunities awaited her. Due to trials and tribulations at a young age, she has faced those challenges and transformed her negative energy into positive energy by creating AKAW, the abbreviation standing for Also Known As Women. This club benefits the community by helping to prevent sexual abuse, abduction, and murders within Anchorage High schools. AKAW makes merchandise based on spreading awareness for murdered and missing indigenous women, all while creating a safe space for youth to talk of the violence and past harassment they faced or may face. The profit AKAW collects from the merchandise goes to safety kits to prevent abduction, murder and sexual abuse. AKAW even plans to bring self defense classes to Bettye Davis East Anchorage Highschool for the safety of youth in schools. Keyaana had started AKAW in April of 2021 and plans to take the cause she has started with her to a college and further.

---

**Nasteho Osman**  
**Bartlett High School**

Nasteho Osman is a senior at Bartlett High School. I was born in Kenya, and my family came to America in 2012. My parents are hard workers, and they've taught me the importance and the value of hard work. My goal once I graduate high school is to go to college and study business. I work full time while going to school full time which can be difficult, but I still try and make time for my hobbies and interests such as playing volleyball, walking with my little brother, babysitting my little siblings, and journaling. I also enjoy volunteering – I volunteered with the Food Bank of Alaska in 2019 and it was a great experience.
2021 YOUNG PEOPLE OF ACHIEVEMENT AWARDEES

**Samantha Antonio**  
*Steller Secondary School*  
I am Samantha Antonio, and I have been in this world for 16 years. I love to be in the great outdoors and submerge myself into the beautiful nature of Alaska. When I am at home, I am usually baking delicious desserts or reading extraordinary novels. I enjoy traveling with books to the different realities inscribed within the pages. All books are like accessible portals readers have in the palm of their hands. When I am out in my community, I volunteer when I can or when there is a need for extra hands. Along with that, I am proud to say that I was a contributing member of the distributions of COVID-19 vaccines. I was a regular volunteer at the COVID-19 vaccine clinic which was held by the ASD Health Care Services. I spent most of my free time there avidly working and helping along placing stickers on vaccine cards and safely counting syringes for the nurses. I volunteered these long hours as well as keeping up with school. With all that I have experienced, I personally believe that volunteering lit a fire in my soul that will guide and light a way through the darkness of my life.

**Alana Parent**  
*Steller Secondary School*  
I am Alana Rose Parent, and I am 17 years old. I have been a student at Steller Secondary School for 6 years. Currently, I am in my senior year of high school. I’ve spent most of my time living in Alaska. Biking has been a huge part of my life and of finding out who I truly am. Along with biking, I also love photography, skiing, hiking, and overall just spending time outdoors with friends. All these activities help me connect better with myself and the planet we all share. I am incredibly passionate about the volunteer and outreach work I do throughout the Anchorage community. I aspire to achieve a doctorate in nursing and pursue a degree in Spanish. I would like to volunteer and work in an underprivileged community health center in order to provide health services to groups of people who may not always receive care due to a lack of funding.
Mailee Thao
Bartlett High School
Mailee Thao was born on July 19th of 2004 in Thailand. At 2 months old, she immigrated to the United States to America with her family and is currently living in Anchorage, Alaska. During her freshman year of high school, she placed 2nd in the top 3 of the UAA Chinese language program. In her sophomore year, she competed for the Declamation of the Chinese language and placed 1st in two rounds, and 2nd in one round. In her senior year, she was inspired by many historic women like Maya Angelou and Rosa Parks, she hopes she can also make a change in today’s society. After graduating high school, she hopes to become a police officer or a lawyer to stop domestic violence, human trafficking, abuse, and kidnappings.

“The more you can be authentic, the happier you’re going to be, and life will work itself around that.”

- Melinda Gates
MANY THANKS TO OUR SPONSORS

Land Acknowledgement

WELLS FARGO

Exclusive Video Sponsors:

AT&T  Providence  Matson

Rasmuson Foundation  Chugach  Alaska Airlines  Southcentral Foundation

Corporate Sponsors:

Alyeska Pipeline Service Company  KeyBank

Enstar Natural Gas Company  CIRI  Baird

The Planning Group of the Northwest  The Quilted Raven

The Alaska Community Foundation  APCM Wealth Management for Individuals

Cook Inlet Tribal Council  Bering Straits Native Corporation

Cabin Fever  SALT
MANY THANKS TO OUR SPONSORS

Friends of YWCA

Margaret and Michael Price Grant Shearer
Rachel Bunnell
Sarah Springer
Heather Flynn

Youth Scholarship

Mocktails

Flowers

Anchorage Daily News

Thank you to all of Our Volunteers!
Your service is invaluable.
MOCKTAILS

Lavender Spritz

1 ounce lavender simple syrup
Juice from one lemon
Sparkling water
Optional garnish: dehydrated lemon and dried lavender

Mykel’s NA Mojito

11 mint leaves
3 lime wedges
¼ cup simple syrup
1 cup club soda
Finish with ginger beer

Cherry Lemonade

3 muddled lemon wedges
½ ounce grenadine
Shake and strain in pint glass
Club soda
Garnish with lemon slice

Margarita Mocktail

½ cup limeade
½ cup lemon flavored sparkling water
½ cup lime flavored sparkling water
¼ cup orange juice
Ice
Optional: Salt & lime to garnish
<table>
<thead>
<tr>
<th>Year</th>
<th>Members</th>
</tr>
</thead>
<tbody>
<tr>
<td>1990</td>
<td>Marie Elena Ball, Beverly Beeton, Elizabeth Bingham, Barbara Goldberg,</td>
</tr>
<tr>
<td></td>
<td>Abbe Hensley, Lorrie Horning, Susan House, Annie Laurie Howard, Joan</td>
</tr>
<tr>
<td></td>
<td>Hurst, Diane Kaplan, Constance Katasse, Donna Madden, Kathy Soderberg,</td>
</tr>
<tr>
<td></td>
<td>Alice Bassler Sullivan, Hope Turpin</td>
</tr>
<tr>
<td></td>
<td><strong>Honorary Chairwoman</strong> Neva Egan</td>
</tr>
<tr>
<td>1991</td>
<td>Barbara Bennett, Allena Bottembly, Bettye Davis, Lydia Eastburn, M.D.,</td>
</tr>
<tr>
<td></td>
<td>Wilda Hudson, Edna Lamebull, Betsy Lawer, Kay Linton, Ruth M. Martinson,</td>
</tr>
<tr>
<td></td>
<td>Ethel “Pete” Nelson, Sandra Nugent-Palisch, Lidia Selkregg, Jeanne</td>
</tr>
<tr>
<td></td>
<td>Wolf, Esther Wunnicke, Connie Yoshimura</td>
</tr>
<tr>
<td></td>
<td><strong>Honorary Chairwoman</strong> Norma Goodman</td>
</tr>
<tr>
<td>1992</td>
<td>Dona Agosti, Margaret Brown, Carol Comeau</td>
</tr>
<tr>
<td></td>
<td>Diana Evans, Louanne Feldman, Julianna Guy, Joy Holloman-Donelson,</td>
</tr>
<tr>
<td></td>
<td>Karen Hunt, Julie Kitka, Arlene Kuhner, Luz Rivas McDade, Renee Murray,</td>
</tr>
<tr>
<td></td>
<td>Cathryn Rasmusan, Lori Sweeny Rogers, Shirley Mae Springer Staten</td>
</tr>
<tr>
<td></td>
<td><strong>Honorary Chairwoman</strong> Arliss Sturgulewski</td>
</tr>
<tr>
<td>1993</td>
<td>Eleanor Andrews, Sally Ausman, Esther Cox, Marie English, Jennifer</td>
</tr>
<tr>
<td></td>
<td>Garcia, Louise Lazur, Yvonne Merrill, Theda Pittman, Tay Thomas, Marie</td>
</tr>
<tr>
<td></td>
<td>Toscano, Pam Tuomi, Elvira Voth</td>
</tr>
<tr>
<td></td>
<td><strong>Honorary Chairwoman</strong> Ruth Alice Briggs</td>
</tr>
<tr>
<td>1994</td>
<td>Barbara Baugh, Carla Beam, Anne Dawson, Melphine Evans, Denise Farleigh,</td>
</tr>
<tr>
<td></td>
<td>M.D., Lanie Fleischer, Heather Flynn, Carol Heyman, Connie Jones,</td>
</tr>
<tr>
<td></td>
<td>Suzanne Linford, Helen Mason, Ruth Moulton, Tennys Owens, Martha</td>
</tr>
<tr>
<td></td>
<td>Roderick, Vivian Vest, Mary Hale</td>
</tr>
<tr>
<td>1995</td>
<td>Judy Brady, Daphne Brown, Crystal Carr-Jeter, Barbara Cash, Rita</td>
</tr>
<tr>
<td></td>
<td>Holthouse, Nobuko Humphries, Paula McCarron, Lorraine Namyniuk, Helen</td>
</tr>
<tr>
<td></td>
<td>Nienhueser, Suzan Nightingale, Sue Parrot-Tollefson, Maria Rosas, Martha</td>
</tr>
<tr>
<td></td>
<td>Swink, Susan Wright Mason, Meg Yaege</td>
</tr>
<tr>
<td></td>
<td><strong>Honorary Chairwoman</strong> Wilda Marston</td>
</tr>
<tr>
<td>1996</td>
<td>Jane Angvik, Debra Call, Mim Chapman, Ph.D., Rhonda Curwen-Boyles,</td>
</tr>
<tr>
<td></td>
<td>Trillis Enders, Peggy Hayashi, R.N., Shirley Holloway, Ph.D., Patricia</td>
</tr>
<tr>
<td></td>
<td>Anne Hong, R.N., Sister Margaret Larson, O.P., Alice Lawrence, Gloria</td>
</tr>
<tr>
<td></td>
<td>Marinacci Allen, Rebecca Parker, Luanne Pelagio</td>
</tr>
</tbody>
</table>
Jo Francis Sanders
Janet Stotts
Francine Lastufka Taylor
**Honorary Chairwoman**
Betti Cuddy
1997
Robin Alessi
Anne Bridges
Barbara Brown
Phyllis Buzzini
Marilyn Conaway
Kathy Cronen
Mary Hughes
Lana Johnson
Dee Dee Jonrowe
Kay Lahdenpera
Robin Macon
Donna Matthews
Colleen Murphy, M.D.
Carol Schatz
Peg Tileston
**Honorary Chairwoman**
Katie Hurley
1998
Elaine Abraham
Manju Bhargava
Stephanie Birch
Marj Blixhavn
Barbara Donatelli
Sharon Gagnon
Deborah Gomez
Barbara Hood
Mary Willis Kiessling
Christine Klein
Karen Perdue
Kathleen Porterfield
Libby Roderick
Dianne Tydings
Patricia Wolf
**Honorary Chairwoman**
Mary Louise Rasmuson
1999
Christian Brems
Marnie Brennan
Linda Chase
Maria Downey
Leslie Ellis
Katherine Gottlieb
Linda Henrikson
Mary Kemppel
Vicki Otte
Ann Parrish
Sharon Richards
Jo Ellen Solmonson
Arliss Sturgulewski
**Honorary Chairwoman**
Lorene Harrison
2000
Deborah Bonito
Pamela Brady
Chris Clark, M.D.
Janie Leask
Abbe Dunning-Newbury
Jeannine Kennedy
Leslye Langla
Andrea Nenzel
Verna Pratt
Peggy Aamodt Woodlee
**Honorary Chairwoman**
Wilma Carr
2001
Lynne Ballew
Mary Ann Foland
Cheryl Frasca
Kathy Gliva
Jewel Jones
Jo Michalski
Mary Murphy
Juliana Osinchuk
Mary Price
Dana Stabenow
Arliss Sturgulewski Award
Mary Louise Rasmuson
**Honorary Chairwoman**
Minnie Swalling
2002
Dana Fabe
Jill Fredston
Kathryn Hoffer
Mary Ann Swalling
Barbara Sweetland Smith
Ileen Sylvester
**Honorary Chairwoman**
Esther Wunnicke
2003
Sarah Barton
Kirsten Dixon
Corrine Eilo
Joy Zimmerman Golden
Mary Anne Henry
Susan Holway
Chris Kemper
Mary Ann Molitor
Gloria O’Neill
Yohyon Pharr
**Honorary Chairwoman**
M. Ashley Dickerson
2004
Kim Aho
Susan Churchill
Ellen Cole, Ph.D.
Pati Crofut
Jeanne Fischer
Michelle Girault
Carol Gore
Betsy Haines
ACADEMY OF WOMEN ACHIEVERS

Nancy Harbour
Patricia Senner, R.N.
Honorary Chairwoman
Sen. Georgianna Lincoln
2005
Judge Elaine Andrews
Letitia Fickel, Ed.D.
Sandy Harper
Barbara Lavallee
Panu Lucier
Janet McCabe
Hilary Morgan
Jaclyn Sallee
Officer Wendi Shackelford
Verneeda Spencer, M.D.
Honorary Chairwoman
Margaret Eagan Sullivan
2006
Tam Agosti-Gisler
Audrey Armstrong
Christine DeCourtney
Nancy Gordon
Dianne Holmes
Karleen Jackson, Ph.D.
Sandy Langland
Frances Macon
Nancy Schoephoester
Fran Ulmer
Susan Butcher - Arliss
Sturgulewski Award
Honorary Chairwoman
Mabel Pike
2007
Stephanie Cole
Christmas Cowell
Julie Decker, Ph.D.
Dorothy Hight, FNP
Thelma Snow Jackson
Angela Jimenez
Annie Mabry
Guadalupe Marroquin
Janelle Pfi eger
Sandy Schoff
Honorary Chairwoman
Tay Thomas
2008
Agnes Brown
Patty Ginsburg
Jana Hayenga
Helen Howarth
Becky Judd
Debe Mahoney
Mary Mystrom
Stephanie Rhoades
Sherrie Richey
Sherrie Richey
Janice Strickland
Honorary Chairwoman
Rita Blumenstein
2009
Evelyn Abello
Susan Bramstedt
Michele Brown
Morgan Christen
Marla Greenstein
Marie Marquardt, CPA
Blythe Marston
Ruth Nighswander
Gail Phillips
Julie Robinson, DDS
Honorary Chairwoman
Sharon Richards
2010
Susan Anderson
Celeste Graham-Hodge
Angela Liston
Julie Millington
Patricia Partnow
Susan Ruddy
Helvi Sandvik
Judy Sedwick
Maria Tagliavento
Caroline Woolths
Honorary Chairwoman
Carla Beam
2011
Janet Carr-Campbell
Barbara Dubovich
Charlotte Fox
Kari Hall
Laurie Herman
Chanda Mines
Sophie Minich
Leslie Nerland
Sompan Reinhardt
Janice Tower
Honorary Chairwoman
Barbara Baugh
2012
Ellen Arvold
Edith Bailey
Lori Brewer
Doreen Brown
Dr. Linda Chamberlain
Suaznne Cherot
Melinda Freemon
Lottie Michael
Peggy Monaghan
Deborah Williams
Honorary Chairwoman
Jo Michalski
2013
Indra Arriaga
Pamela Bergmann
Jan Cawvey
Valerie Nurr’araaluk Davidson
Barb Dexter
Raquel Edelen
Lucy T. Hansen
Allison Mendel
<table>
<thead>
<tr>
<th>Year</th>
<th>Honorary Chairwoman</th>
<th>Award Recipients</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>Heather Flynn</td>
<td>Patricia Redmond, Dr. Elaine Schroeder, Leslie Ellis, Walter Monegan III</td>
</tr>
<tr>
<td>2016</td>
<td>Maria Downey</td>
<td>Sheri Buretta, Judith Crotty, Mara Kimmel, Kris Norosz, Deena M. Paramo, Elizabeth Pierce, Elizabeth Ripley, The Reverend Julia Seymour, Ivy Spohnholz, Carol Swartz</td>
</tr>
<tr>
<td>2018</td>
<td>Renee Carter-Chapman</td>
<td>Amy Coffman, Col. Patricia A. Csânk, Ella Goss, Mary Katzke, Lourdes Linato-Crawford, Heather Kendall Miller, Beth Rose, Doreen Schenkenberger, Krista Scully, Aliy Zirkle</td>
</tr>
<tr>
<td>2019</td>
<td>Maria Downey</td>
<td>Kikkan Randall, Vara Allen-Jones, Dr. Pearl Brower, Dr. Dalee Sambo, Dorough, Nellie Moore, Kimberly Pace, Chaplain Diane Peterson, Julie Taylor, Dr. Michelle Tierney, Crissy Willer, Dr. Michelle Yep Martin</td>
</tr>
<tr>
<td>2021</td>
<td>Maria Downey</td>
<td>Emily Edenshaw, Michael Fredericks, Vonnie Gaither, Melanie Osborne, Kim Reitmeier, Julie Riley, Angelina Salvato, Monica Shah, Jasmin Smith, Dr. Anne Zink</td>
</tr>
</tbody>
</table>
DONATE TODAY
YWCAAK.ORG/DONATE TODAY
or
TEXT "DONATE" TO 844-405-1858